

# Systemic Anti-Cancer Therapy Care Pathway

## Extravasation

### Pathway of Care

|                      |               |
|----------------------|---------------|
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## 1.0 INTRODUCTION

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- 1.1 Extravasation is a major complication of the administration of Systemic Anti-Cancer Therapy (SACT). It can lead to pain, erythema, inflammation and great discomfort. Any delay in treatment of extravasation may have grave consequences possibly leading to necrosis.
- 1.2 It is important that Trusts delivering chemotherapy services have guidance on the management of extravasation. This should include actions to be taken to minimise risk (location of cannula and cannula size), consideration to patient characteristics (lymphoedema, diabetes, peripheral circulatory disease), individual SACT drugs and clear action to take in the event of an extravasation.
- 1.3 All incidents of extravasation must be reported via Datix and a green card is completed and returned to the national extravasation information service.

## 2.0 DEFINITION OF TERMS

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- 2.1 Extravasation is the process by which any liquid (fluid or drug) accidentally leaks into the surrounding tissue. In terms of cancer therapy, extravasation refers to the inadvertent infiltration of chemotherapy into the subcutaneous or subdermal tissues surrounding the intravenous or intra-arterial administration site. (ESMO-EONS 2012)
- 2.2 Drug classification.
- 2.3 Drugs tend to be classified with regards to the degree to which they may cause necrosis. They are as follows:
- 2.4 Vesicants cause varying degrees of pain, oedema, erythema, blistering and necrosis may occur. Vesicants are further divided into two groups non-DNA binding and DNA binding (ESMO-EONS 2012). When extravasated, non-DNA binding agents (vinblastine, vinorelbine, vincristine) are inactivated or quickly metabolised and follow the normal healing process whereas DNA binding agents (epirubicin, mitomycin, doxorubicin, daunorubicin, idarubicin) remain in the tissues resulting in long-term injury.
- 2.5 Exfoliants are likely to cause inflammation and shedding of the skin, necrosis is generally unlikely.
- 2.6 Irritants cause inflammation and irritation but can still cause pain and aching and are less likely to cause tissue breakdown.
- 2.7 Inflammatory agents can affect the local tissue causing some degree of mild to moderate inflammation.
- 2.8 Neutrals tend to cause limited tissue damage.

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## 3.0 PREVENTION OF EXTRAVASATION

The following groups of patients are at increased risk of extravasation and extra care should be taken:

- 3.1 Elderly, confused patients, patients with decreased sensitivity or agitated patients.
- 3.2 Vascular health, patients with fragile veins, peripheral vascular disease, Raynaud's phenomenon or lymph oedematous limbs.
- 3.3 Patients with thrombocytopenia.
- 3.4 Paediatric patients, or those with language barriers.
- 3.5 Patients who mobilise during infusions.

The following actions should be considered to prevent an extravasation.

- 3.6 Consider including where to avoid siting the vein. NEVER administer vesicants via the antecubital fossa in the event of failure to cannulate you must escalate to the nurse in charge of the unit.
- 3.7 If unsuccessful first attempt need to ensure subsequent attempts are proximal to avoid leakage at distal sites. Adhere to Trust Policy regarding the number of attempts per nurse. Consider referral to the Vascular Access Team or equivalent.
- 3.8 Patients receiving vesicant drugs should be assessed for suitability for a central venous access device (CVAD). This should be done prior to commencement of treatment and assessed at each subsequent treatment.
- 3.9 Venous access should be assessed by a chemotherapy nurse for all patients requiring the systemic administration of cytotoxic drugs.
- 3.10 Patency established with 0.9% Saline.
- 3.11 Checking of blood return prior to administration.
- 3.12 Vesicants drugs should be administered before non-vesicant drugs to ensure the drugs most likely to cause damage are given when the vein integrity is at its best.
- 3.13 All bolus injections should be administered via a fast running drip and the nurse must check blood back flow every 3 mls-5 mls.
- 3.14 In response to the Intrathecal guidelines, vincristine must be administered via a mini bag and if this is peripherally then the nurse must observe the patient during the administration.
- 3.15 All vesicant chemotherapy should be administered between the core hours of the day. If the drug needs to be administered after 17.00hrs, escalation to a senior nurse must occur and consideration given to medical and nursing support for the duration of the administration.
- 3.16 Ambulatory Infusion pumps should only via a central venous catheter (e.g. PICC line or Hickman line). If a Portacath is to be considered, local risk assessment need to take place if this is not standard practice.

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## 4.0 EQUIPMENT SELECTION ([APPENDIX 2](#))

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- 4.1 Selection of appropriate choice of equipment/material is important when trying to reduce the risk of extravasation.
- 4.2 Cannula size or choices of central line are important considerations.
- 4.3 Insert the smallest gauge cannula into the largest vein possible.
- 4.4 As a rule a cannula choice should be made with a view to ensuring that it does not dislodge and allows good 'blood flow' or 'haemodynamic flow'.
- 4.5 Use a clear dressing which allows for constant inspection of the insertion site. Apply a dressing which fixates the device well and secures the cannula and reduce movement within the vessel.
- 4.6 Use a small bore cannula (1.2-1.5cms long) for example 24g cannula.
- 4.7 Avoid covering the cannula with a bandage – the insertion point must be visible.

## 5.0 CENTRAL VENOUS ACCESS

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- 5.1 If a central venous access device (CVAD) is used (peripherally inserted central catheter (PICC), Portacath or skin tunnelled catheter) tip placement needs to be established either by chest X-ray or ECG placement. (NICE 2015) ECG confirmation is now considered to be more accurate. Lines inserted radiologically should be placed in the lower third of the superior vena cava. Ensure tip placement is documented in medical/nursing notes following from insertion and checked prior to accessing the first infusion.

## 6.0 TROUBLE SHOOTING

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- 6.1 To establish patency refer to the algorithm or local Trust policy for CVAD access.

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## 7.0 PATIENT EDUCATION

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- 7.1 Patient education is essential in the early detection of a possible extravasation.
- 7.2 Patients must be informed of the risk of extravasation prior to administration (refer to patient information [Appendix 3](#)) and advised to report signs and symptoms of extravasation such as pain, burning sensation, swelling or leakage.
- 7.3 In the event of an extravasation all patients must receive information both verbal and written regarding follow up. (refer to [Appendix 3](#))

## 8.0 NURSING REMIT AND TRAINING

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- 8.1 Prior to administering ant SACT it is the nurses responsibility to ensure the extravasation kit is available, sealed and within date. A list of the contents of the extravasation kit can be found in appendix.
- 8.2 All nurses involved in the administration of Systemic Anti-Cancer Therapy have a responsibility to ensure they know how to manage extravasation.
- 8.3 They must attend theoretical training prior to administering any SACT. An example of this type of training can be found in Appendix.
- 8.4 Practical competencies must then be undertaken with an experienced competent chemotherapy nurse. The nurse **should not** be managing the extravasation independently without completing the competencies.
- 8.5 If any medication is administered it must be prescribed. Patient Group Directives should be considered to ensure the timely management of the extravasation. The nurse should attend local Trust Training.
- 8.6 Local training in the administration of any antidotes must take place for example Savene.

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## 9.0 CLASSIFICATION OF DRUGS & TREATMENT

According to their potential to cause serious necrosis when administered outside of the vein, known as extravasation or infiltration.

| Vesicants*<br>Group 1                               | TX | Exfoliants*<br>Group 2 | TX | Irritants<br>Group 3                                      | TX | Inflammitants<br>Group 4 | TX  | Neutrals<br>Group 5 | TX |
|---|----|------------------------|----|---|----|--------------------------|-----|---------------------|----|
| Amsacrine   | 5A | Liposomal Daunorubicin | 5B | Bendamustine  | 5A | Fluorouracil             | 5A  | Alemtuzumab         | 5D |
| Cabazitaxel   | 5A | Docetaxel              | 5C | Carboplatin   | 5A | Methotrexate             | 5C★ | Asparaginase        | 5D |
| Carmustine  | 5A | Liposomal Doxorubicin  | 5C | Cisplatin (if extravasation has occurred during infusion) | 5C | Raltitrexed              | 5A  | Bevacizumab         | 5D |
| Cisplatin (If extravasation is noted post 24 hours) | 5A | Mitoxantrone           | 5A | Dexrazoxane   | 5A |                          |     | Bleomycin           | 5D |
| Dactinomycin  | 5A | Oxaliplatin            | 5C | Etoposide   | 5A |                          |     | Bortezomib          | 5D |
| Daunorubicin  | 5B | Topotecan              | 5A | Irinotecan  | 5A |                          |     | Cetuximab           | 5D |
| Doxorubicin   | 5B |                        |    |   |    |                          |     | Cladribine          | 5D |
| Epirubicin  | 5B |                        |    |   |    |                          |     | Cyclophosphamide    | 5D |
| Idarubicin  | 5B |                        |    |   |    |                          |     | Cytarabine          | 5D |
| Mitomycin   | 5A |                        |    |   |    |                          |     | Eribulin            | 5D |
| Paclitaxel  | 5C |                        |    |   |    |                          |     | Fludarabine         | 5D |
| Streptozocin  |    |                        |    |   |    |                          |     | Gemcitabine         | 5D |
| Treosulfan  |    |                        |    |   |    |                          |     | Ifosfamide          | 5D |
| Vinblastine   | 5C |                        |    |   |    |                          |     | Ipilimumab          | 5D |
| Vincristine   | 5C |                        |    |   |    |                          |     | Melphalan           | 5D |
| Vindesine   | 5C |                        |    |   |    |                          |     | Pemetrexed          | 5D |
| Vinflunine  | 5C |                        |    |   |    |                          |     | Pentostatin         | 5D |
| Vinorelbine   | 5C |                        |    |   |    |                          |     | Rituximab           | 5D |
|   |    |                        |    |   |    |                          |     | Trastuzumab         | 5D |

### Definitions:

|                      |  |
|----------------------|--|
| <b>*Vesicants</b>    | Drugs which are capable of causing pain, inflammation and blistering of the local skin, underlying flesh and structures, leading to tissue death and necrosis. |
| <b>*Exfoliants</b>   | Drugs which are capable of causing inflammation and shedding of the skin, but less likely to cause tissue death.   |
| <b>Irritants</b>     | Drugs which are capable of causing inflammation, irritation or pain at site of extravasation, but rarely cause tissue breakdown.                               |
| <b>Inflammitants</b> | Drugs which are capable of causing mild to moderate inflammation and flare in local tissues.   |
| <b>Neutrals</b>      | Inert or neutral compounds that do not cause inflammation or damage.   |
| <b>★</b>             | Only if large volume of drug has extravasated  |
| <b>TX</b>            | Treatment  |

## 10.0 EXTRAVASATION TREATMENT ALGORITHM

- 10.1 If there is a suspected extravasation immediate action is required to ensure minimum damage is experienced to patient's tissue.
- 10.2 Every designated area that administers Cytotoxic drugs must have an extravasation kit containing all the necessary equipment and information needed to manage this emergency. Senior nursing and Medical staff should be immediately informed.
- 10.3 Withdraw as much of the drug as possible from the existing cannula or central venous access device (CVAD)
- 10.4 Remove the cannula but leave any CVAD in situ and order an x-ray to verify the tip of the device
- 10.5 V.L.T. (Volume, Location and Time of occurrence)
- 10.6 Estimate the **volume** of the drug extravasated, Table 1 below may help in conjunction with measurements of the area measured in Note B, the practitioner also needs to decide whether the volume is made up of a single drug or multiple drugs, and if so which drugs these are, and how much of the extravasated volume is made up of 'carrier solution'.
- 10.7 **Location** is important as certain areas are more able to accommodate larger volumes of fluid, e.g. the forearm, the more accommodating the compartment into which the extravasation has occurred, the more difficult it is to estimate the volume and the greater the risk of compartment syndrome developing.
- 10.8 **Time** of the incident relative to the time of detection give an estimation of how much 'natural' diffusion will have taken place, i.e. the longer the time the greater the diffusion the more difficult it is to treat. Therefore all extravasation injuries should be treated as soon as detected, to minimise damage and maximise the chance of a successful outcome (National Extravasation Guidance)
- 10.9 Mark the area of affected skin with an indelible pen and take a photograph of tissue damage as soon as possible. It is important to palpate the area and establish EITHER the size of the subcutaneous fluid pocket in a Type I extravasation; OR the borders of the 'soggy, spongy' tissues in a Type II extravasation. These areas should be marked NOT the extent of the local reaction. (National Extravasation Website)
- 10.10 The classification of cytotoxic drugs table see figure will enable the professional to implement the algorithm below.
- 10.11 Refer to drug classification and follow the treatment for either warm or cold pack
- 10.12 Give prescribed analgesia if appropriate

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**Table 1:** Approximate volume of material extravasated in relation to diameter of the injury and the level of intervention which may be appropriate

| Volume             | Approximate Diameter* | Management                              |
|--------------------|-----------------------|---|
| 0.1ml to 1.25ml    | Up to 17mm            | Watch and Wait                          |
| 1.25ml to 2.5ml    | 17 to 30mm            | Topical low impact interventions        |
| Greater than 2.5ml | Greater than 30mm     | Full blown no holes bared interventions |

\* If diameter is measured within 15minutes of the acute extravasation so that minimal tissue diffusion will have occurred. Measurement should not include the inflamed surrounding tissue see Note B. above

### Immediate action following an extravasation

#### Step 1

Stop and disconnect infusion. Leave the cannula in place

#### Step 2

Identify extravasated cytotoxic drug

#### Step 3

- Leaving the cannula in place, try to gently aspirate as much extravasated solution as possible and safely dispose of any aspirated cytotoxic drug.
- Record volume removed in patient records.
- Avoid manual pressure over the extravasated area.
- Remove cannula
- Mark with an indelible pen an outline of the extravasated area
- Take a photograph as soon as possible

#### Step 4

Notify medical staff. Start specific treatment plans as soon as possible

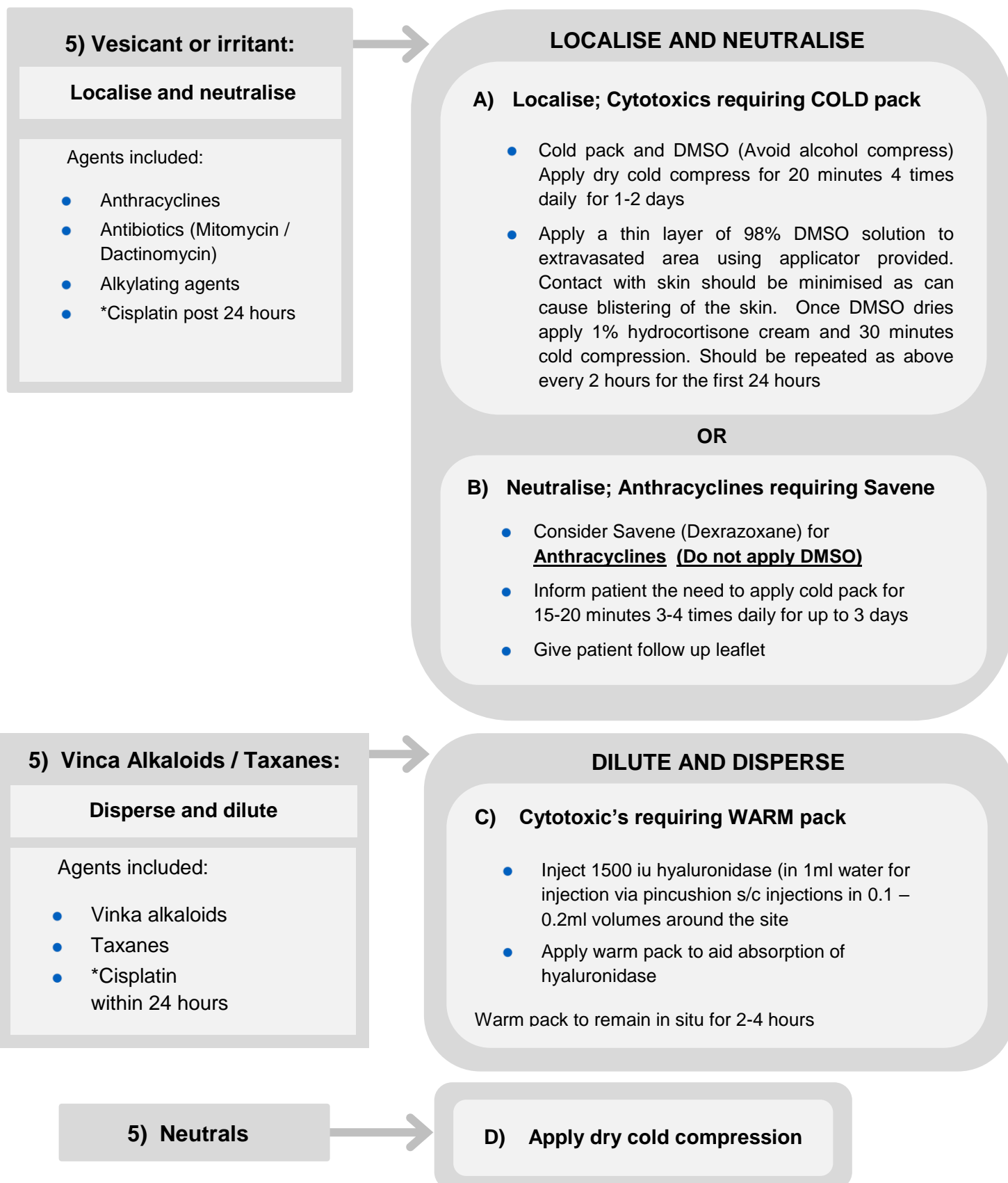
#### Step 5

**Please follow instructions on next page according to classification of drug 5: A, B, C or D please see Classification of drugs on attached page**

Follow step 5 on next page before moving onto step 6

#### Step 6

Elevate the limb. Administer analgesia if necessary, document.



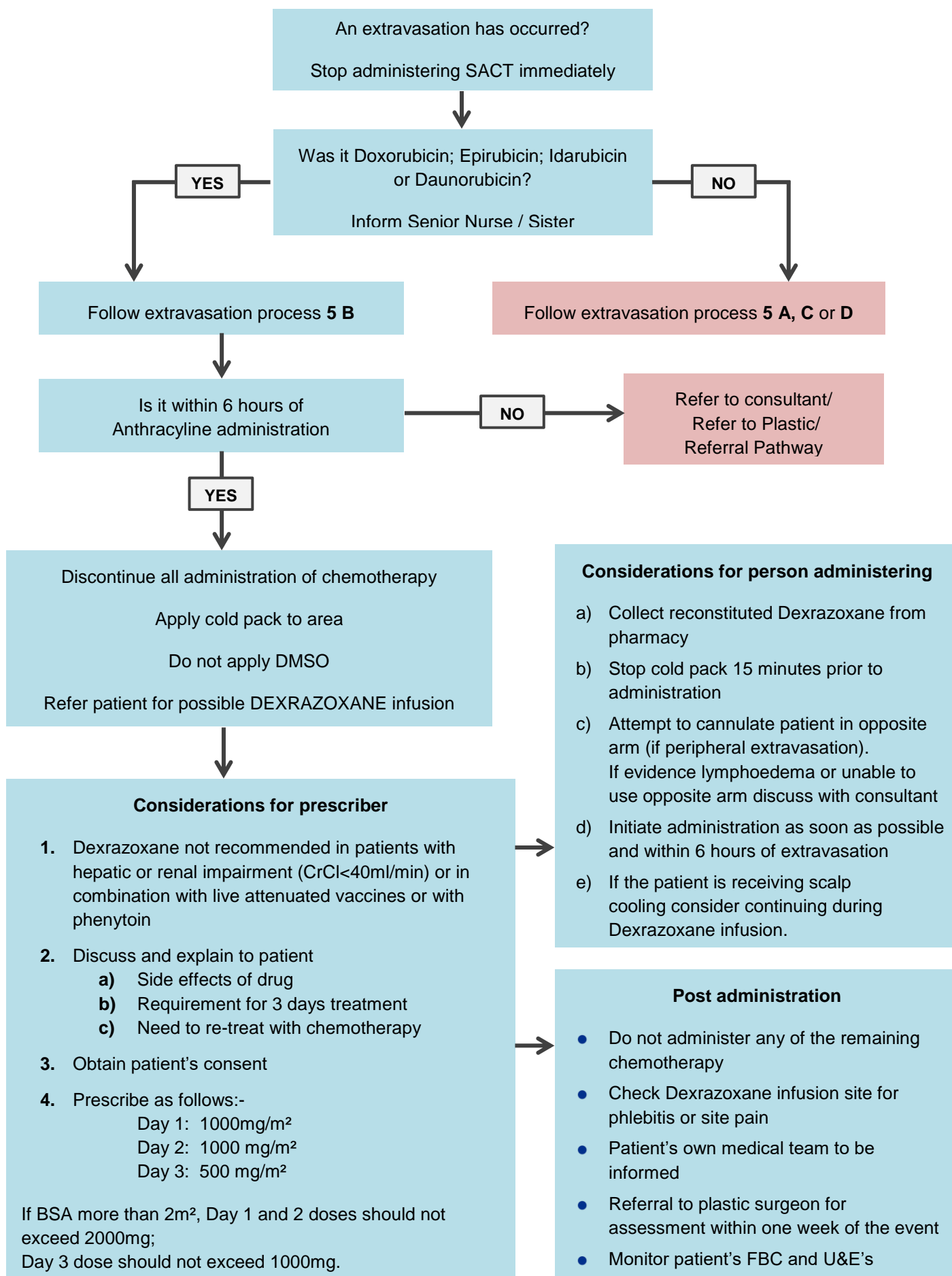
\*Please note that Cisplatin should be treated as an irritant immediately if extravasation has occurred during infusion. If extravasation is noted post 24 hours of infusion then treat as vesicant.

Please refer to local Dexrazoxane (Savene) Policy in addition to the algorithm above.

**Do not use DMSO with Dexrazoxane (Savene)**

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**For Adult Patients Only if treating with Dexrazoxane (Savene)**



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|                             |  |                     |                   |
|-----------------------------|--|---------------------|-------------------|
| <b>Patient Name:</b>        |  | <b>D.O.B:</b>       |                   |
| <b>Consultant:</b>          |  | <b>Hospital No:</b> |                   |
| <b>Chemotherapy Regime:</b> |  |                     |                   |
| <b>Address:</b>             |  |                     |                   |
| <b>Height</b>               |  | m                   | <b>Allergies:</b> |
| <b>Weight</b>               |  | kg                  |                   |
| <b>BSA</b>                  |  | m <sup>2</sup>      |                   |

|       | Drug   | Dose | Route | Administration details  | Prescriber sig. & date | Date given | Time given | Sig. of nurse |
|-------|--|------|-------|---|------------------------|------------|------------|---------------|
| Day 1 | *Ondansetron   | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | *Dexamethasone                                       | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | Dexrazoxane<br>1000mg/m <sup>2</sup><br>(Max 2000mg) | mg   | IV    | In 500ml of buffered diluent (provided with Savene)<br>Infused over 1-2 hours |                        |            |            |               |
| Day 2 | *Ondansetron   | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | *Dexamethasone                                       | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | Dexrazoxane<br>1000mg/m <sup>2</sup><br>(Max 2000mg) | mg   | IV    | In 500ml of buffered diluent (provided with Savene)<br>Infused over 1-2 hours |                        |            |            |               |
| Day 3 | *Ondansetron   | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | *Dexamethasone                                       | 8mg  | PO    | *if not given prior to extravasation  |                        |            |            |               |
|       | Dexrazoxane<br>1000mg/m <sup>2</sup><br>(Max 2000mg) | mg   | IV    | In 500ml of buffered diluent (provided with Savene)<br>Infused over 1-2 hours |                        |            |            |               |

|                      |  |                    |  |
|----------------------|--|--------------------|--|
| <b>Date</b>          |  | <b>Location:</b>   |  |
| <b>Confirmed by:</b> |  | <b>Pharmacist:</b> |  |

## Vesicant Drugs

Extravasation of a vesicant drug is very serious as it can result in tissue necrosis and loss of limb function.

Management of the extravasation of vesicant drugs is centred on minimising the damage caused by the drug as well as reducing any inflammation, pain and discomfort.

There is a lack of robust clinical evidence for the use of preventative plastic surgery intervention and topical / systemic administration of antidotes in treating extravasation injuries caused by vesicant drugs. The recommended treatment of such injuries as described in this policy is based on small clinical studies and the consensus of professional opinion and practice in this area.

## 11.0 PLASTIC SURGERY REFERRAL - EAST GRINSTEAD

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11.1 The flush out technique is not routinely used in Kent

Please see [Appendix 1](#) for referral process.

## 12.0 DOCUMENTATION

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12.1 Complete local Trust incident reporting form.

12.2 Medical photograph must be taken.

12.3 Fully document the extravasation on SACT drug extravasation documentation form Part 1 and Part 2 ([Appendix 4](#)) and file the patient's notes. Attach to Datix form.

12.4 Complete green card.

12.5 If plastic referral taken place please ensure all relevant documentation is completed.

12.6 If required ensure patient has all follow up appointments and documentation.

12.7 All incidents will be discussed via the local trust chemotherapy governance meetings and shared across the Kent & Medway collaborative via the Chemotherapy Group meeting.

## 13.0 PATIENT FOLLOW UP / PATIENT INFORMATION

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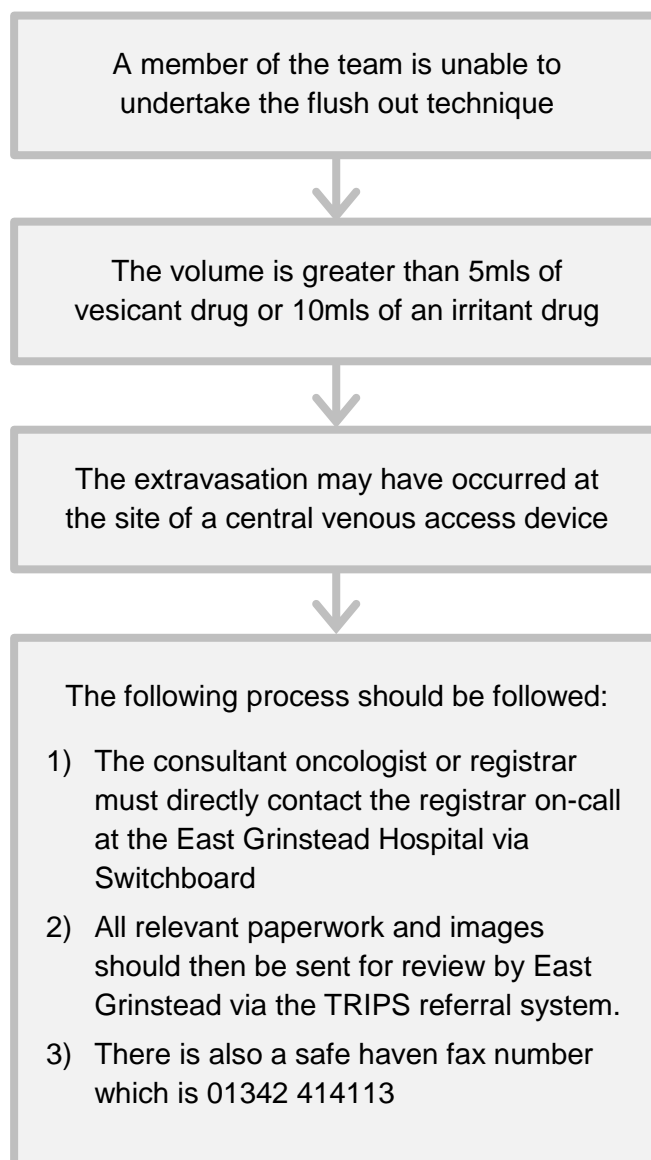
13.1 All patients should be provided with both verbal and written information following an extravasation [Appendix 3](#)

|  |          |                      |                         |                           |               |                      |
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## 14.0 APPENDIX 1

Staff should liaise with their individual Trust to access local or national training.

It is recommended that the patient be referred for plastic surgery opinion and review if the following applies:



## 15.0 APPENDIX 2

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### Contents of Extravasation Kit

- Patient Information Sheet
- Extravasation Documentation Sheet
- Referral to plastic surgeon via consultant / registrar
- Hyaluronidase 1500 units (1 ampoule)
- Hydrocortisone Cream 1% labelled – apply as directed
- Sterile Water for injection 10mls x 2
- Sterets / Alcowipes x 4
- Syringe 3ml x 4
- Safety Needles: Green 21g x 4, Orange 25g (from ward), Blue 23g (from ward)
- Filters needles from Pharmacy if required
- Hot pack
- Cold pack
- Indelible marking pen

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## 16.0 APPENDIX 3

### Patient Information Sheet on Extravasation

#### What is Extravasation?

Extravasation is the leakage (or accidental infiltration) of drugs outside of the vein and into the surrounding tissues. This can lead to an immediate painful reaction and may, with some drugs, result in local tissue damage. You may have noticed pain, stinging, swelling or other changes to the skin at the site of drug administration, or the nurse may have noticed that the drug was not flowing in easily.

#### Why did this happen?

Extravasation is a rare but known complication of intravenous chemotherapy. It is impossible to prevent this even though we take all possible precautions. The important thing is that it has been detected and treated.

#### Why is Extravasation a problem?

It can lead to pain, stiffness and tissue damage.

#### What treatment have I received to prevent tissue damage?

The nurse has given you the recommended treatment for the extravasation. Although this will help to minimise the change of developing further problems, you will need to keep checking the area every day.

#### Checking the area

Once a day, check the area for the following:

- Has the area changed colour or increased in redness?
- Is the area blistering, peeling or flaking?
- Is the area more uncomfortable?
- Is the pain making it difficult for you to exercise the arm or hand?

#### What else do I need to do?

- Gently exercise the affected arm or hand.
- Take mild painkillers if required.
- Do not apply any other lotions, creams or ointments unless you have been instructed to do so by a doctor or nurse.
- Do not expose the area to strong sunlight.
- Avoid wearing tight clothing around the affected area.
- Protect the affected area when bathing (or having a shower) so that it does not get wet.

#### When should I contact you?

If you answered **YES** to any of the questions in the checklist above, or if you have any other concerns, then you should contact us.

#### Who should I contact?

If it is within hours..... (each day unit document their outpatient times).

#### Contact Number .....

If it is outside of these hours (even at night time)

Contact Number .....

**It is important that you contact the nurse if you have any of the above symptoms or feel the affected area has deteriorated. The nurse will provide advice and if necessary contact your doctor.**

|   |          |               |                         |                    |               |               |
|---|----------|---------------|-------------------------|--------------------|---------------|---------------|
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## 17.0 APPENDIX 4

### Cytotoxic Drug Extravasation Documentation Form (Part 1)

|               |                  |                         |
|---------------|------------------|-------------------------|
| Patient Name: | Date of Birth:   | Patient Contact Number: |
| Ward:         | Hospital Number: | Consultant:             |

#### Extravasation Details

|                               |                                  |
|-------------------------------|----------------------------------|
| Date & Time:                  | Chemotherapy Regimen:            |
| Name of Drug(s) Extravasated: | Approximate Volume Extravasated: |

#### Description of Extravasation at Initial Evaluation

|  |                            |
|--|----------------------------|
| IV Site appearance:  | Diameter of Extravasation: |
| Venous access device used (and gauge):   | Location of IV access:     |
| Was a pump being used:<br><input type="checkbox"/> Yes <input type="checkbox"/> No | Patient complained of:     |

#### Patient Signs Noted (Describe)

|                                       |   |  |
|---------------------------------------|---|--|
| Inflammation <input type="checkbox"/> | Lack of Blood Flow <input type="checkbox"/> | Flow Rate Slowing <input type="checkbox"/> |
| Swelling <input type="checkbox"/>     | Pain <input type="checkbox"/>               | Other <input type="checkbox"/>             |

#### Initial Treatment of Extravasation

|   |          |              |
|---|----------|--------------|
| Describe Initial Treatment (i.e. cold/hot pack, antidote etc)           |          |              |
| Were other treatments prescribed (e.g. topical preparation, analgesia?) |          |              |
| Doctor Informed:  | By Whom: | Date & Time: |

#### Further Additional Interventions

| Referral                 | Date | Action    |
|--------------------------|------|-----------|
| Surgical Referral        |      |           |
| Dermatology Referral     |      |           |
| Plastic Surgery Referral |      |           |
| Photograph if required   |      | Filed in: |

#### Patient Information

|   |       |        |
|---|-------|--------|
| Info sheet given and follow up plan explained | Date: | Nurse: |
|---|-------|--------|

#### Extravasation Documentation

|                          |       |
|--------------------------|-------|
| Form Completed By:       | Date: |
| Trust Form Completed By: | Date: |

## Cytotoxic Drug Extravasation Documentation Form (Part 2)

### Follow Up Flow Chart for Suspected Extravasation

|                               |                            |       |
|-------------------------------|----------------------------|-------|
| Patient Name:                 | Hospital Number:           | Ward: |
|                               |                            |       |
| Date & Time of Extravasation: | Name of Drug Extravasated: |       |
|                               |                            |       |

| Follow Up (To score, refer to grading scale below)             |   |   |   |   |    |    |    |    |    |
|--|---|---|---|---|----|----|----|----|----|
| *Day   | 1 | 3 | 5 | 7 | 14 | 21 | 28 | 35 | 42 |
| Date   |   |   |   |   |    |    |    |    |    |
| Call / Visit   |   |   |   |   |    |    |    |    |    |
| Skin Colour  |   |   |   |   |    |    |    |    |    |
| Skin Temperature   |   |   |   |   |    |    |    |    |    |
| Skin Integrity   |   |   |   |   |    |    |    |    |    |
| Oedema   |   |   |   |   |    |    |    |    |    |
| Mobility   |   |   |   |   |    |    |    |    |    |
| Pain   |   |   |   |   |    |    |    |    |    |
| Fever  |   |   |   |   |    |    |    |    |    |
| Nurse Initials   |   |   |   |   |    |    |    |    |    |
| May be omitted if signs and symptoms of extravasation resolved |   |   |   |   |    |    |    |    |    |

| Grading Scale           | 0  | 1                | 2                     | 3                                   | 4  |
|-------------------------|--|------------------|-----------------------|-------------------------------------|--|
| <b>Skin Colour</b>      | Normal   | Pink             | Red                   | Blanched area surrounded by red     | Blackened  |
| <b>Skin Integrity</b>   | Unbroken   | Blistered        | Superficial skin loss | Tissue loss & exposed subcut tissue | Tissue loss & exposed bone/muscle with necrosis crater |
| <b>Skin Temperature</b> | Normal   | Warm             | Hot                   |                                     |  |
| <b>Oedema</b>           | Absent   | Non-pitting      | Pitting               |                                     |  |
| <b>Mobility</b>         | Full   | Slightly limited | Very limited          | Immobile                            |  |
| <b>Pain</b>             | Grade using a scale of 0-10; where 0 = no pain and 10 = worst pain |                  |                       |                                     |  |
| <b>Fever</b>            | Normal   | Elevated         |                       |                                     |  |

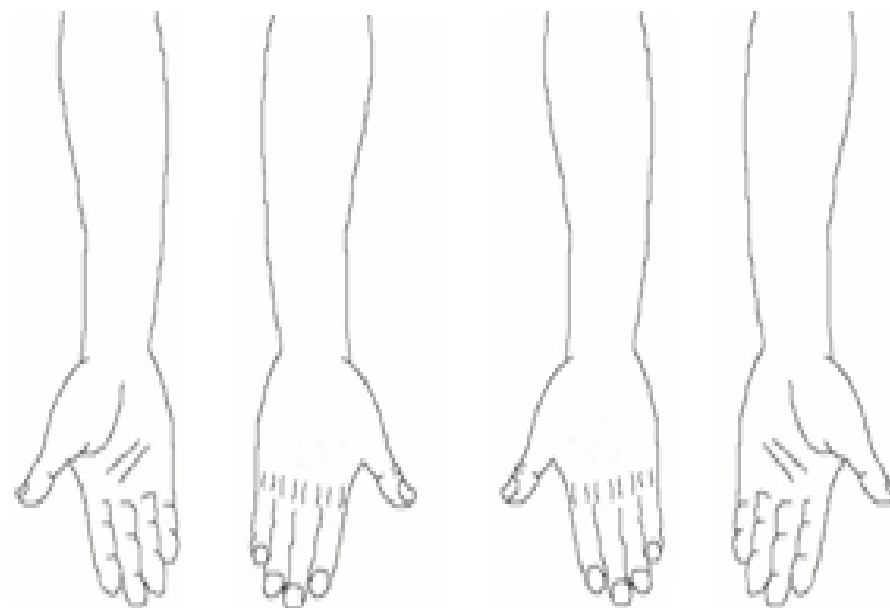
**\*The days for follow-up are a guide only and do not substitute professional assessment and judgement. They will vary depending on the severity of the extravasation. The first 48hrs were the most important**

To be used in conjunction with the nursing and medical notes.

## Site of Extravasation

Please mark the location of the extravasation with an X

### HANDS AND FOREARM



### BODY



## 18.0 REFERENCES

- ◆ <http://bopawebsite.org/publications/view/national-extravasation-protocol-for-cancer-chemotherapy-30.08.12>
- ◆ SELCN Cytotoxic Extravasation Guidelines version 3.1 2012
- ◆ The Sherlock 3CG Tip confirmation system for placement of peripherally inserted central catheter (MTG24)
- ◆ The Royal Surrey Website  
[www.royalsurrey.nhs.uk/chemo-extravasation](http://www.royalsurrey.nhs.uk/chemo-extravasation)

## 19.0 GLOSSARY

Acronyms in common usage throughout KMCC documentation

|           |  |
|-----------|--|
| BNF       | British National Formulary   |
| BOPA      | British Oncology Pharmacist Association  |
| CNB       | Cancer Network Board   |
| COSHH     | Control of substances hazardous to health regulations.   |
| CYP       | Children & Young People (in relation to the IOG)   |
| DCCAG     | Diagnostic Cross Cutting Advisory Group  |
| DOG       | Disease Orientated Group (NSSG/TSSG/TWG)   |
| DVH       | Darent Valley Hospital   |
| DGT       | Dartford and Gravesham NHS Trust   |
| EK        | East Kent  |
| EKHUFT    | East Kent Hospitals University Foundation Trust  |
| EPS       | Electronic Prescribing System  |
| FP10(HNC) | Prescriptions issued by hospital doctors for dispensing in the community   |
| GP        | General Practitioner   |
| HoP       | High Level Operational Policy  |
| IOSC      | Improving Outcomes: A Strategy for Cancer  |
| IV        | Intravenous  |
| K&C       | Kent & Canterbury Hospital, Canterbury, (EKHUFT)   |
| KMCC      | Kent & Medway Cancer Collaborative   |
| KMCRN     | Kent & Medway Cancer Research Network  |
| KOMS      | Kent Oncology Management System  |
| LSESN     | London & South East Sarcoma Network  |
| MFT       | Medway Foundation Trust  |
| MTW       | Maidstone & Tunbridge Wells NHS Trust  |
| NHS       | National Health Service  |
| NMP       | Non-medical prescriber   |
| NPSA      | National Patient Safety agency   |
| NOG       | Non Surgical Oncology Group<br><i>(Permanent oncologist sub group of the DOGs with a specific responsibility for</i> |

|  |          |                      |                         |                           |               |                      |
|--|----------|----------------------|-------------------------|---------------------------|---------------|----------------------|
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| <b>Written By</b>  | C Waters | <b>Authorised by</b> | KMCC Chemotherapy Group | <b>Date</b>               | February 2022 |                      |
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|               |   |
|---------------|---|
|               | <i>chemo/rad pathways and advice to the DOG, Network and GEOGRAPHICAL LOCATIONS on new drugs)</i>   |
| PoC           | Pathway of Care<br><i>(Network agreed disease site specific clinical guidelines)</i>  |
| QEQM          | Queen Elizabeth the Queen Mother Hospital, Margate (EKHUFT)   |
| QoL           | Quality of life   |
| QSIG          | Quality service information system  |
| QST           | Quality Surveillance Team   |
| RAT           | Research and Trial Group<br><i>(Permanent sub-group of the DOGs with a specific responsibility for taking forward the clinical trials agenda)</i> |
| RMH           | Royal Marsden Hospital  |
| RNOH          | Royal National Orthopaedic Hospital   |
| SACT          | Systemic Anti-Cancer therapy  |
| SACT regimen  | Systemic Anti-cancer prescription on the electronic prescribing system  |
| SACT protocol | Systemic Anti-cancer protocol on KMCC website   |
| TTO           | Treatment to take home  |
| QVH           | Queen Victoria Foundation Trust Hospital East Grinstead   |
| UCLH          | University College Hospital London  |
| WHH           | William Harvey Hospital, Ashford (EKHUFT)   |
| WK            | West Kent   |

## 20.0 DOCUMENT ADMINISTRATION

|   |   |
|---|---|
| <b>Document Title</b>                     | Systemic Anti-Cancer Therapy Care Pathway – Extravasation Pathway of Care             |
| <b>Authors</b>                            | Carolyn Maynard, Charlotte Wadey, Christine Handy, Marie Payne, Ruth O'Brien, E Parry |
| <b>Agreed as “Fit for Publication” by</b> | Members of the KMCC Chemotherapy forum and Nursing Sub Group                          |

|                             |   |
|-----------------------------|---|
| <b>Enquiries:</b>           | Caroline Waters - KMCC Network Pharmacist |
| <b>Date of Next Review:</b> | February 2022                             |

| Revision History |                    |   |                             |
|------------------|--------------------|---|-----------------------------|
| Date of revision | New Version Number | Nature of Revision  | Confirmation of Accuracy by |
| 23/01/09         | V0.1               | Re-written Network guidelines   | Sabah Boulebadd             |
| 26/02/09         | V0.2               | Inclusion of DMSO agreed by Nursing/Pharmacy Sub-group  | Bryony Neame                |
| 08/04/09         | V0.3               | Words ‘chemotherapy, cytotoxic, monoclonal’ etc. changed to ‘systemic anti-cancer therapy’ to reflect NCEPOD report | Bryony Neame                |
| 11/05/09         | V0.4               | Amendments as suggested by Dr. Waters   | Bryony Neame                |

|                   |          |                      |                         |                           |               |                      |
|-------------------|----------|----------------------|-------------------------|---------------------------|---------------|----------------------|
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| <b>Written By</b> | C Waters | <b>Authorised by</b> | KMCC Chemotherapy Group | <b>Date</b>               | February 2022 |                      |

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|              |             |  |  |
|--------------|-------------|--|--|
| 01/06/09     | V1          | Wording changes made as suggested by Kent Oncology Centre systemic anti-cancer therapy staff. No operational changes   | Bryony Neame   |
| 09/2011      | V2          | Document reviewed and updated by group to reflect latest national guidance and recent advances in antidotes.   | Network Chemotherapy Nursing group   |
| 31/07/2013   | V3          | Replaced links as not working – document not reviewed  | Network Chemotherapy Nursing group   |
| 2016         | V4          | Complete revision – new guidance written   | Charlotte Wadey and members of the KMCC Chemotherapy Group & Nursing Sub- Group. |
| Jan-May 2018 | V4.1-v4.2   | Review by KMCC Nursing Group – treatment algorithm and instructions for nurses (p1-0-11) simplified. Additions to classification of drugs list p12.<br><br>Page number added<br>One of drug classification tables removed (duplicated) – table with treatment included.<br>Appendix 3 added to 13.1<br>Appendix 1 – remove reference to UKONs and replace with comment about Trust / national training | Principal authors: R O'Brien, C Wadey, C Maynard, E Parry                        |
| June 2018    | V5          | Published following consultation via email with KMCC chemotherapy group  |  |
| Feb 2021     | V5.1 -5.1.1 | Reviewed by Jan Christie and discussed at chemo group 11.02.21<br>V5.1.1 glossary updated by M.Archer<br>Reformatted by R Patel  | Updated by J. Christie   |
| April 2021   | V6          | Published following Chemo group meeting and virtual consultation period.   | C.Waters, J.Christie   |