## Maidstone and Tunbridge Wells NHS Trust

## Direct Access Endoscopy Referral Form — Upper GI/Gastroscopy

I have read the West Kent CCG Direct Access Upper GI Endoscopy guidelines: [ ]Yes
All sections are mandatory to complete

Section 1 PATIENT INFORMATION (Please complete in BLOCK CAPITALS)				
SURNAME Surname	Date of Referral Referral Date			
FIRST NAME Given Name	Date of Birth Date of Birth			
ADDRESS	NHS number NHS Number			
Home Full Address (stacked)	Home Tel. Patient Home Telephone			
	Mobile / Daytime Tel. Patient Mobile Telephone			
	Transport Y N			
	Mobility			
	Interpreter Y N			
	Ethnicity			
	Language			

Section 2 PRACTICE INFORMATION (Please use practice stamp if available)						
Referring GP Referring User Locum Y N						
Practice Address	Telephone 01732 459255 Em	ail xxxx@nhs.net				

Section 3	REFERRAL CRITERIA	(please TICK all ap	plicable entries

Patients under 55yrs with

- Recent onset of reflux or Acid related symptoms that fail to respond to any of:
  - adequate course of PPI [ ]
  - lifestyle modifications (smoking, weight loss etc.); [ ]
  - medication review eg stopping NSAID or aspirin [ ]
  - H pylori eradication eg if serology or stool antigen positive. [ ]
- New onset or changing dyspepsia associated with any of the following if not already under surveillance:
  - Known gastric dysplasia/atrophy or intestinal metaplasia [ ]
  - Previous gastric surgery [ ]
  - Pernicious anaemia [ ]

Patients at least 55yrs age with ANY unexplained

- Treatment resistant dyspepsia [ ]
- Low haemoglobin with upper abdominal pain [ ]
- Raised platelet count with any of the following:

Nausea [ ] Vomiting [ ] Weight loss [ ] Reflux [ ]

Dyspepsia [ ] Upper abdominal pain [ ]

• Nausea/vomiting with any of the following:

Weight loss [ ] Reflux [ ]

Dyspepsia [ ] Upper abdominal pain [ ]

## IF PATIENT HAS HEAMATEMESIS PLEASE URGENTLY CONTACT THE ACUTE TEAM FOR ASSESSMENT

Do not use this form if <u>NICE NG12 fast track suspected upper GI cancer criteria</u> are present – use Upper GI suspected cancer referral form for out-patient within 2 weeks

Section 4 CLINICAL INFORMATION - IS YOUR PATIENT? (please TICK all applicable entries)				
Taking H2RA's or PPI's? [ ] No	[ ] Yes (Consider stopping for 2 weeks prior to appointment)			
	Details:			
Diabetic? [ ] No	[ ] Yes Type 2 - Diet controlled			
(If brittle insulin treated diabetic either type 1 or 2 this pathway is not to be used)  Add details in free text box at end of form	[ ] Yes Type 2 - Tablet controlled			
	[ ] Yes Type 1 - <b>To minimise risk book 1st or 2nd on an am list</b>			
On anticoagulant therapy ? [ ] No	<ul> <li>[ ] Yes VitK antagonist (Warfarin/Phenindione: INR within 1 week of endoscopy, add to yellow book (bring) and continue normal dose</li> <li>[ ] Yes NOAC</li> <li>[ ] Yes LMWH</li> </ul>			
Able to consent for themselves? [ ] Yes	[ ] No - THIS IS NOT THE CORRECT REFERRAL PATHWAY			
On immunosuppressant drug? [ ] No	[ ] Yes Name of drug:			
High risk? [ ] No	[ ] Yes Hepatitis C [ ] Yes Hepatitis B			
	[ ] Yes HIV			
Section 5 PAST MEDICAL HISTORY Problems				
Section 6 MEDICATION  Medication				
Section 7 ADDITIONAL CLINICAL DETA	ILS			

Please Email to mtw-tr.endoscopytwh@nhs.net

Or post to Endoscopy Office, Tunbridge Wells Hospital, Tonbridge Road, Pembury, Kent, TN2 4QJ