

## Non-Specific Symptoms (NSS) Suspected Cancer e-Referral Form

| PATIENT DETAILS                     |                |        |                 |                 |                |  |
|-------------------------------------|----------------|--------|-----------------|-----------------|----------------|--|
| Surname:                            | [MERGED FIELD] |        |                 | First Name:     | [MERGED FIELD] |  |
| D.O.B.:                             | [MERGED FIELD] |        |                 | Gender:         | [MERGED FIELD] |  |
| Age:                                | [MERGED FIELD] |        |                 | NHS No.:        | [MERGED FIELD] |  |
| Address:                            | [MERGED        | FIELD] |                 |                 |                |  |
| Post code:                          |                |        |                 |                 |                |  |
| Home Tel.:                          | [MERGED FIELD] |        |                 | Mobile:         | [MERGED FIELD] |  |
| Other Tel:                          |                |        | Other Tel Name: |                 |                |  |
| Interpreter required?               | Yes $\square$  | No     |                 | First Language: |                |  |
|                                     |                |        |                 |                 |                |  |
| PATIENT ENGAGEMENT AND AVAILABILITY |                |        |                 |                 |                |  |
| I confirm the follo                 | owing:         |        |                 |                 |                |  |

| <b>GP DETAILS</b> |                |
|-------------------|----------------|
| Name:             | [MERGED FIELD] |
| Code:             | [MERGED FIELD] |
| Address:          | [MERGED FIELD] |
| Post code:        |                |
| Tel. No.:         | [MERGED FIELD] |
| E-mail:           | [MERGED FIELD] |

| PATIENT ENGAGEMENT AND AVAILABILITY   |   |         |          |               |                     |       |          |         |            |
|---|---|---------|----------|---------------|---------------------|-------|----------|---------|------------|
| I confirm the fo  | llowing:  |         |          |               |                     |       |          |         |            |
| I have discussed  | I have discussed the possibility that the diagnosis may be cancer; I have provided the patient with an urgent suspected cancer (2 |         |          |               |                     |       |          |         |            |
| week wait) referral leaflet and advised the patient they will need to attend an appointment within the next two weeks |   |         |          |               |                     |       |          |         |            |
| GP Name:  |   |         |          |               | cision to refer     |       |          |         |            |
|   |   |         |          | (dd/mm/yy):   |                     |       |          |         |            |
| PRE- REFERRAL   | TESTS   |         |          |               |                     |       |          |         |            |
| NOTE: Please e  | nsure that all relevant NSS tests list  | ed belo | w are u  | ndertaken pr  | ior to referral, to | avoid | l delays | & misdi | rection of |
| care. For ease of   | of requesting all tests, please use the   | NSS b   | undle av | ailable on IC | E or DART OCM       |       |          |         |            |
| FBC, haematini  | cs (including ferritin),  |         |          |               |                     |       |          |         |            |
| LFTs, U&E with e-GFR,   |   | Yes     |          |               | Results attache     | ed    | Yes      |         | I          |
| TFTs, Bone prof   | ile, Coeliac screen, HBA1C  |         |          |               |                     |       |          |         |            |
| <b>Q-FIT</b> (Quantita  | tive Faecal Immunochemical Test)  | Yes     |          |               | Results attache     | ed .  | Yes      |         |            |
| Clotting (for bel   | ow clavicle lymphadenopathy)  | Yes     |          |               | Results attache     | ed .  | Yes      |         |            |
| Myeloma scree   | n (if applicable to presentation)   | Yes     |          |               | Results attache     | ed .  | Yes      |         |            |
| PSA (if applicab  | le)   | Yes     |          |               | Results attache     | ed .  | Yes      |         |            |
| CA- 125 (if appli   | cable)  | Yes     |          |               | Results attache     | ed    | Yes      |         |            |
| CRP (if applicab  | le)   | Yes     |          |               | Results attache     | ed .  | Yes      |         |            |

Is the patient suitable for an NSS referral? Please use the following flow-chart to help you decide....

| Is the patient cur | rrently receiving anti-cancer treatment?  |
|--------------------|---|
| <b>↓</b>           | <b>↓</b>  |
| No                 | Yes   |
| <b>1</b>           |   |
| Is the patient alr | eady under investigation for a suspected malignancy (i.e. as a 2 week wait referral)? |
| <b>↓</b>           | <b>↓</b>  |
| No                 | Yes   |
| <b>↓</b>           |   |
| Does the patient   | have a history of malignancy that is currently under surveillance by a specialist?    |
| <b>1</b>           | <b>↓</b>  |
| No                 | Yes ————————————————————————————————————  |
| <b>↓</b>           |   |
| Does the patient   | have a clear, site-specific symptom (e.g. a breast lump)                              |
| <b>↓</b>           | <b>↓</b>  |
| No                 | Yes   |
| <b>1</b>           |   |

Please indicate which of the NSS referral criteria (below) has been met to make a referral..... Page 1 of 3  $\,$ 

| REFERRA  | L CR   | ITERIA  |  |  |  |  |  |  |
|--|--|---|--|--|--|--|--|--|
| Refer adu  | ılts   | using a suspected cancer referral (for an appointment within 2 weeks) for non-site-specific (NSS) symptoms if;  |  |  |  |  |  |  |
| ☐ The patient has new unexplained and unintentional weight loss (either documented >5% in 3 months OR with strong clinical   |  |   |  |  |  |  |  |  |
| suspicion) <b>or</b>   |  |   |  |  |  |  |  |  |
| ☐ The patient has new unexplained constitutional symptoms of four weeks or more (less if very significant concern). Symptoms |  |   |  |  |  |  |  |  |
| include loss of appetite, fatigue, nausea, malaise, bloating or  |  |   |  |  |  |  |  |  |
| ☐ The patient has new unexplained vague abdominal pain of four weeks or more (less if very significant concern) <b>or</b>    |  |   |  |  |  |  |  |  |
| ☐ The patient has new unexplained, unexpected or progressive pain, including bone pain of four weeks or more, not obviously  |  |   |  |  |  |  |  |  |
| attributable to a benign cause <b>or</b>   |  |   |  |  |  |  |  |  |
| $\square$ The GP   | "gu  | t feeling" of cancer diagnosis- please fully describe the reasons in the 'clinical information' box below or  |  |  |  |  |  |  |
| ☐The pa  | tien   | t has new or worsening anaemia of unknown cause <b>or</b>   |  |  |  |  |  |  |
| ☐The pa  | ☐ The patient has a platelet count of >400 – (male) on at least 2 occasions <b>or</b>  |   |  |  |  |  |  |  |
| ☐The pa  | tien   | t has a platelet count of >450 – (female) on at least 2 occasions or  |  |  |  |  |  |  |
| ☐The pa  | tien   | t aged 40 or over has a first unprovoked DVT / PE but no site-specific signs and symptoms of cancer warranting an   |  |  |  |  |  |  |
|  |  | ek wait) suspected cancer referral (as indicated by NICE guidance, NG12) based on Primary Care assessment or  |  |  |  |  |  |  |
|  |  | nce only: Patients meeting the above referral criteria are to be triaged to the Non-specific symptoms (NSS) pathway]  |  |  |  |  |  |  |
| -  |  | t has abnormal radiology suggesting cancer; not needing admission and not suitable for an existing site-specific  |  |  |  |  |  |  |
|  |  | ek wait) suspected cancer referral  |  |  |  |  |  |  |
|  |  | nce only: Patients meeting the above referral criterion are to be triaged to the Malignancy of Unknown Origin (MUO) pathway]  |  |  |  |  |  |  |
| -  |  | t is aged 18+ with unexplained lymphadenopathy <u>below</u> the clavicle (please consider a 2 week wait breast referral   |  |  |  |  |  |  |
| •  |  | rith solitary axillary lymphadenopathy, as indicated by NICE guidance, NG12)  nce only: Patients meeting the above referral criterion are to be triaged to the Rapid Lymphadenopathy Service (RLS) pathway] |  |  |  |  |  |  |
|  |  | ORMATION  |  |  |  |  |  |  |
|  |  | ical details including past history of cancer, family history and examination findings:   |  |  |  |  |  |  |
| Relevant   | Ciiii  | cal details including past history of cancer, family history and examination findings.  |  |  |  |  |  |  |
| Is the nat   | ient   | taking anticoagulants? Yes 🗆 No 🗆   |  |  |  |  |  |  |
| is the pat   |  | taking undecougulates:  |  |  |  |  |  |  |
| PATIENT'   | s w  | HO PERFORMANCE STATUS   |  |  |  |  |  |  |
|  | 0  | Able to carry on all normal activity without restriction  |  |  |  |  |  |  |
|  | 0  |   |  |  |  |  |  |  |
|  | 1  | Restricted in physically strenuous activity but able to walk and do light work  |  |  |  |  |  |  |
|  |  | Ambulatory and capable of all self-care but unable to carry out any work activities; up and about more than   |  |  |  |  |  |  |
|  | 2  | 50% of waking hours   |  |  |  |  |  |  |
|  | 3  | Symptomatic and in a chair or in a bed for greater than 50% of the day but not bedridden  |  |  |  |  |  |  |
|  | 4  | Completely disabled; cannot carry out any self-care; totally confined to bed or chair   |  |  |  |  |  |  |
| ROCKWO   | OD   | CLINICAL FRAILTY SCORED   |  |  |  |  |  |  |
| П  | 0  |   |  |  |  |  |  |  |
|  | U  | Able to carry on all normal activity without restriction  |  |  |  |  |  |  |
|  | 1  | , , , , , ,   |  |  |  |  |  |  |
|  | 2  | <b>Well</b> – no active disease symptoms but are less fit than category 1. Occasionally exercise (able to carry out light   |  |  |  |  |  |  |
|  |  | Work)  Managing Wall modical problems are well controlled but are not regularly active beyond routing walking (up   |  |  |  |  |  |  |
|  | 3  | Managing Well – medical problems are well controlled but are not regularly active beyond routine walking (up  |  |  |  |  |  |  |
|  | 4  | and about 80% of waking time)   |  |  |  |  |  |  |
|  |  |   |  |  |  |  |  |  |
|  | 5 Mildly Frail – often have more evident slowing, and need help in high order instrumental activities of daily living (IADLs) (progressively impairs light work) |   |  |  |  |  |  |  |
|  | 6  | Moderately Frail – need help with all outside and household activities including self-care  |  |  |  |  |  |  |
|  | Severely Frail – completely dependent for personal care. (physical or cognitive), but stable and not at high risk  |   |  |  |  |  |  |  |
| Ш  | of dying within 6 months (confined to bed/chair 50%)   |   |  |  |  |  |  |  |
|  | Very Severely Frail - completely dependent, approaching the end of life. Typically, they could not recover even  |   |  |  |  |  |  |  |
| Ш  | from a minor illness (no self-care, confined to bed/chair 100%)  |   |  |  |  |  |  |  |
|  | Terminally III - approaching the end of life. This category applies to people with a life expectancy <6 months,  |   |  |  |  |  |  |  |
|  | 9  | who are not otherwise evidently frail.  |  |  |  |  |  |  |
| Is a hoist   | real   | uired to examine the patient? Yes No 🗆  |  |  |  |  |  |  |

## ADDITIONAL GP GUIDANCE

mised by other co-morbidities or with limited life ex

| <b>NOTE:</b> It significantly compromised by other co-morbidities or with limited life expectancy consider a discussion with the patient and carer regarding whether investigation is necessary |                |  |  |  |  |  |
|---|----------------|--|--|--|--|--|
| PATIENT CLINICAL INFORMATION FROM MERGED GP ELECTRONIC RECORDS  |                |  |  |  |  |  |
| Allergies:  | [MERGED FIELD] |  |  |  |  |  |
| Active Problems:  | [MERGED FIELD] |  |  |  |  |  |
| Investigations:   | [MERGED FIELD] |  |  |  |  |  |
| Significant past history:   | [MERGED FIELD] |  |  |  |  |  |
| Current medication:   | [MERGED FIELD] |  |  |  |  |  |
| Repeat medication:  | [MERGED FIELD] |  |  |  |  |  |