

<b>Indication</b>	<p>For unresectable locally advanced or metastatic HER2-positive breast cancer in patients:</p> <p>who have received <b>2 or more anti-HER2 therapies</b> and who have received trastuzumab emtansine (Kadcyla®) in the advanced/metastatic disease setting.</p> <p>OR</p> <p>have been treated with <b>1 or more anti-HER2 therapies</b> and who are treatment-naïve for trastuzumab emtansine in the advanced/metastatic disease setting and have been treated with a prior regimen which contained at least trastuzumab and a taxane or trastuzumab and capecitabine for advanced /metastatic breast cancer or developed disease recurrence during or within 6 months of completing an adjuvant or neoadjuvant treatment regimen which contained at least trastuzumab and a taxane or adjuvant treatment with trastuzumab emtansine.</p> <p>NB The patient must have had no prior treatment with trastuzumab deruxtecan unless it has been received as part of the Daiichi Sankyo early access scheme.</p>
<b>Treatment Intent</b>	Palliative
<b>Frequency and number of cycles</b>	<p>Repeat every 21 days.</p> <p>Continue until disease progression or unacceptable toxicity or patient choice to stop treatment.</p> <p>NB May be continued if disease progression is within the CNS alone.</p>
<b>Monitoring Parameters</b>	<ul style="list-style-type: none"> <li>• <b>Virology screening:</b> All new patients referred for systemic anti-cancer treatment should be screened for hepatitis B and C and the result reviewed prior to the start of treatment. Patients not previously tested who are starting a new line of treatment, should also be screened for hepatitis B and C. Further virology screening will be performed following individual risk assessment and clinician discretion.</li> <li>• <b>The use of trastuzumab deruxtecan is restricted to patients whose tumours have documented HER2 positive at the 3+ level by IHC or a ratio of <math>\geq 2.0</math> by FISH/ISH positive disease.</b></li> <li>• <b>FBC, U&amp;Es and LFTs</b> should be monitored at baseline and prior to each cycle. Proceed with treatment if neuts <math>\geq 1.0</math> and PLT <math>\geq 100</math>.</li> <li>• <b>Cardiac function</b> should be monitored prior to treatment (ECHO/MUGA and ECG) and baseline left ventricular ejection fraction (LVEF) must be <math>\geq 50\%</math>. Thereafter, ECHO / MUGA every 3 months or as clinically indicated. See table 1 for management of decreased LVEF.</li> <li>• High resolution <b>chest CT</b> every 6 weeks, await results and consultant review before proceeding with next cycle.</li> <li>• <b>Oxygen saturation (<math>SpO_2</math>)</b> at baseline and every cycle.</li> <li>• The patient should not have untreated or symptomatic brain metastases prior to starting treatment.</li> <li>• <b>Hepatic impairment:</b> No adjustment to the starting dose is required for patients with total bilirubin <math>\leq 1.5</math> times upper limit of normal (ULN), irrespective of aspartate transaminase (AST) value. Limited data of use in patients with total bilirubin <math>&gt; 1.5</math> times ULN, irrespective of AST value, these patients should be closely monitored.</li> </ul>

Protocol No	BRE-084	Kent and Medway SACT Protocol Disclaimer: No responsibility will be accepted for the accuracy of this information when used elsewhere.	
Version	V4	Written by	M. Archer
Supersedes version	3	Checked by	C. Waters V3/4 B. Willis V2 V3 criteria change in line with CDF V4 updated as per NOG
Date	24.02.2026	Authorising consultant (usually NOG Chair)	J. Glendenning V2

	<ul style="list-style-type: none"> <li>• <b>Renal impairment:</b> No adjustment to the starting dose is needed in patients with mild or moderate renal impairment (CrCl 30 - 89ml/min). Limited data of use in patients with severe renal impairment (CrCl &lt;30ml/min). A higher incidence of Grade 1 and 2 ILD has been observed in patients with moderate renal impairment. Patients with CrCl &lt;60ml/min should be closely monitored.</li> <li>• <b>Dose Modification:</b> If a dose reduction is required the first reduction should be to 4.4mg/kg and the second to 3.2mg/kg. No further dose reduction is permitted. Do not re-escalate a previously reduced dose. See table 1 for dose modification guidelines.</li> <li>• <b>Infusion-related reactions:</b></li> <li>• The infusion rate of should be slowed or interrupted if the patient develops infusion-related symptoms. Treatment should be permanently discontinued in case of severe infusion reactions.</li> <li>• <b>Management of adverse reactions and dose adjustments:</b></li> <li>• <b>Interstitial lung disease (ILD)</b>, including pneumonitis, has been reported in patients treated with trastuzumab deruxtecan, see table 1 for recommended dose adjustments in ILD. At each nurse assessment assess for dyspnoea, cough &amp; fatigue and patients should be advised to immediately report cough, dyspnoea, fever, and/or any new or worsening respiratory symptoms. Evidence of ILD/pneumonitis should be promptly investigated. Patients with suspected ILD/pneumonitis should be evaluated by radiographic imaging, preferably a computed tomography (CT) scan. Consultation with a pulmonologist should be considered. Patients with a history of ILD/pneumonitis or patients with moderate or severe renal impairment may be at increased risk of developing ILD/pneumonitis and should be monitored carefully.</li> <li>• <b>Common drug interactions (for comprehensive list refer to BNF/SPC):</b> No significant interactions.</li> <li>• <b>Pregnancy and contraception:</b> Females of reproductive potential should be advised to use effective contraception during treatment and for at least 7 months following the last dose. Male patients with female partners of reproductive potential should be advised to use effective contraception during treatment and for at least 4 months after the last dose.</li> <li>• <b>Missed dose:</b> If a dose is missed, it should be administered as soon as possible and the schedule adjusted to maintain a 3-weekly interval between doses.</li> <li>• <b>Driving:</b> Patients should be advised to use caution when driving or operating machinery in case they experience fatigue, headache or dizziness during treatment.</li> <li>• Patients should be advised to carry the Enhertu® patient card.</li> </ul>
<b>References</b>	KMCC protocol BRE-084 V3 SPC accessed online 13.02.2026 Breast NOG/meeting 27.01.2026

NB For funding information, refer to CDF and NICE Drugs Funding List

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**Table 1: Dose modifications for adverse reactions**

Adverse reaction	Severity	Treatment modification
Interstitial lung disease (ILD)/pneumonitis	Asymptomatic ILD/pneumonitis (Grade 1)	Interrupt until resolved to Grade 0, then: <ul style="list-style-type: none"> <li>• if resolved in 28 days or less from date of onset, maintain dose.</li> <li>• if resolved in greater than 28 days from date of onset, reduce dose one level.</li> <li>• consider corticosteroid treatment (e.g. <math>\geq 0.5</math> mg/kg/day prednisolone or equivalent) as soon as ILD/pneumonitis is suspected.</li> </ul>
	Symptomatic ILD/pneumonitis (Grade 2 or greater)	<ul style="list-style-type: none"> <li>• Permanently discontinue.</li> <li>• Promptly initiate corticosteroid treatment (e.g. <math>\geq 1</math> mg/kg/day prednisolone or equivalent) as soon as ILD/pneumonitis is suspected and continue for at least 14 days followed by gradual taper for at least 4 weeks.</li> </ul>
Neutropenia	Grade 3 (less than $1.0-0.5 \times 10^9/L$ )	<ul style="list-style-type: none"> <li>• Interrupt until resolved to Grade 2 (<math>\geq 1.0 \times 10^9/L</math>), or less, then maintain dose.</li> </ul>
	Grade 4 (less than $0.5 \times 10^9/L$ )	<ul style="list-style-type: none"> <li>• Interrupt until resolved to Grade 2 (<math>\geq 1.0 \times 10^9/L</math>), or less.</li> <li>• Reduce dose by one level.</li> </ul>
Febrile neutropenia	Absolute neutrophil count of less than $1.0 \times 10^9/L$ and temperature greater than $38.3^\circ C$ or a sustained temperature of $38^\circ C$ or greater for more than one hour.	<ul style="list-style-type: none"> <li>• Interrupt until resolved.</li> <li>• Reduce dose by one level.</li> </ul>
Left ventricular ejection fraction (LVEF) decreased	LVEF greater than 45% and absolute decrease from baseline is 10% to 20%	<ul style="list-style-type: none"> <li>• Continue treatment.</li> </ul>
	LVEF 40% to 45% And absolute decrease from baseline is less than 10%	<ul style="list-style-type: none"> <li>• Continue treatment.</li> <li>• Repeat LVEF assessment within 3 weeks.</li> </ul>
	And absolute decrease from baseline is 10% to 20%	<ul style="list-style-type: none"> <li>• Interrupt treatment.</li> <li>• Repeat LVEF assessment within 3 weeks.</li> <li>• If LVEF has not recovered to within 10% from baseline, permanently discontinue.</li> <li>• If LVEF recovers to within 10% from baseline, resume treatment at the same dose.</li> </ul>
	LVEF less than 40% or absolute decrease from baseline is greater than 20%	<ul style="list-style-type: none"> <li>• Interrupt treatment.</li> <li>• Repeat LVEF assessment within 3 weeks.</li> <li>• If LVEF of less than 40% or absolute decrease from baseline of greater than 20% is confirmed, permanently discontinue.</li> </ul>
	Symptomatic congestive heart failure (CHF)	<ul style="list-style-type: none"> <li>• Permanently discontinue.</li> </ul>

Toxicity grades are in accordance with National Cancer Institute Common Terminology Criteria for Adverse Events Version 5.0 (NCI-CTCAE v.5.0).

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**Repeat every 21 days.**

Day	Drug	Dose	Route	Infusion Duration	Administration
Day 1	Ondansetron	<75yrs 16mg >=75yrs 8mg	IV	15 min	In 50ml Sodium chloride 0.9%
	Dexamethasone	8mg	PO		
	<b>TRASTUZUMAB DERUXTECAN (Enhertu®)</b>	<b>5.4mg/kg</b>	IV	1st infusion over 90mins. If the first dose is well tolerated then give subsequent doses over 30 minutes.	In 100ml <b>5% glucose</b> with 0.22micron in-line PES filter.
TTO	Drug	Dose	Route	Directions	
Day 1	Dexamethasone	6mg	PO	OM for 3 days. Take with or just after food, or a meal.	
	Metoclopramide	10mg	PO	10mg 3 times a day for 3 days then 10mg up to 3 times a day as required. Do not take for more than 5 days continuously. (dispense 28 tablets on cycle 1, then only when required)	
	Loperamide	2mg-4mg	PO	Take 4mg initially then 2mg after each loose stool when required (max 16mg a day) (dispense 1x op on cycle 1, then only when required)	

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