### Indication
For previously untreated acute myeloid leukaemia in patients unsuitable for intensive chemotherapy and who have a bone marrow blast count >30%.

### Treatment Intent
Disease Modification

### Frequency and number of cycles
Repeat every 28 days.
Continue until disease progression, unacceptable toxicity, patient’s choice or an elective decision to discontinue treatment consequent to a sustained complete remission to therapy.

NB: if venetoclax is stopped for any of the above reasons, no further venetoclax can be prescribed.

NB: formal medical review as to whether treatment with venetoclax should continue will occur at least by the end of the second cycle of treatment.

### Monitoring Parameters pre-treatment
- Virology screening: All new patients referred for systemic anti-cancer treatment should be screened for hepatitis B and C and the result reviewed prior to the start of treatment. Patients not previously tested who are starting a new line of treatment, should also be screened for hepatitis B and C. Further virology screening will be performed following individual risk assessment and clinician discretion.
- Monitor FBC, U&Es and LFTs every day for the first week, then every week for the first 6 weeks, and then at the beginning of each cycle and additionally as clinically indicated. See section below on haematological and non-haematological toxicities.
- Perform a bone marrow aspiration on day 21 to 28 of first cycle. If blast clearance is confirmed and the patient is in remission, consider prescribing venetoclax at cycle 2 (and subsequent cycles) at the reduced duration of 14-21 days.
- Creatinine, potassium, uric acid, phosphorous and calcium should be assessed prior to the initial dose to evaluate kidney function and correct pre-existing abnormalities.
- **Tumour Lysis Syndrome (TLS)** is a particular risk in patients receiving Venetoclax. Changes in electrolytes consistent with TLS can occur as early as 6 to 8 hours following the first dose and at each dose increase. Patients with a high tumour burden and reduced renal function (CrCl <80ml/min) are at greatest risk of TLS. All patients should have white cell count less than 25 × 10⁹/L prior to initiation of venetoclax. Cytoreduction prior to treatment may be required.
- Blood chemistries should be monitored pre-dose, and at 6 to 8 hours and at 24 hours after each new dose. Electrolyte abnormalities should be corrected promptly. The next dose should not be administered until the 24 hour blood chemistry results have been evaluated. The same monitoring schedule should be followed for patients who continue to be at risk. Blood chemistries should be reassessed prior to each cycle.
- Anti-hyperuricaemic agents should be administered 2 to 3 days prior to starting treatment with venetoclax to be continued through the titration phase and beyond as clinically appropriate. Rasburicase, if required, should be initiated by a consultant. Review and amend as necessary allopurinol prescription.
- All patients should be adequately hydrated during the dose titration phase to reduce the risk of TLS. Patients should be particularly instructed to drink 1.5 - 2 litres of water daily, 2 days prior to and the days of dosing at initiation and each subsequent dose increase. Intravenous fluids should be administered as indicated based on overall risk of TLS or for those who cannot maintain an adequate level of oral hydration.
- For patients with risk factors for TLS (e.g., circulating blasts, high burden of leukaemia involvement in bone marrow, elevated pre-treatment lactate dehydrogenase (LDH) levels,
or reduced renal function) additional measures should be considered, including increased laboratory monitoring and reducing venetoclax starting dose.

- **Renal impairment:**
  - Venetoclax: No dose adjustment for mild to moderate (CrCl \( \geq 30 \text{ml/min} \) and \(< 90 \text{ml/min} \)).
  - Patients with severe renal impairment (CrCl \(< 30 \text{ml/min} \)) should only be administered venetoclax if the benefits outweigh the risks and they should be monitored more closely for signs of toxicity and TLS at initiation and titration phase.
  - Cytarabine: no dose reduction necessary if CrCl \( > 10 \text{ml/min} \), otherwise review with clinician.

- **Hepatic impairment:**
  - Venetoclax: No dose adjustment for mild to moderate but close monitoring required for moderate impairment for signs of toxicity at initiation and during titration. A dose reduction of at least 50% throughout treatment is recommended for patients with severe hepatic impairment, with close monitoring for toxicity.
  - Cytarabine: Clinical decision to treat in hepatic impairment.

- **Dose modifications and toxicities:**

  - **Venetoclax-Haematological toxicities:**
    - **Grade 4** neutropenia (ANC \(< 500/\text{microlitre} \)) with or without fever or infection; or grade 4 thrombocytopenia (platelet count \(< 25 \times 10^3 /\text{microlitre} \)):
      - Prior to remission (consider bone marrow evaluation), in most cases do not interrupt venetoclax in combination with low dose cytarabine.
      - First occurrence after achieving remission and lasting at least 7 days, delay next cycle of venetoclax in combination with low dose cytarabine and monitor blood counts. Administer granulocyte-colony stimulating factor (G-CSF) if clinically indicated for neutropenia.
      - Upon resolution to grade 1 or 2, resume venetoclax at the same dose in combination with low dose cytarabine.
      - Subsequent occurrences in cycles after achieving remission and lasting 7 days or longer, delay subsequent cycle of venetoclax in combination with low dose cytarabine and monitor blood counts. Administer G-CSF if clinically indicated for neutropenia.
      - Upon resolution to grade 1 or 2, resume venetoclax at the same dose in combination with low dose cytarabine and reduce venetoclax duration by 7 days during each of the subsequent cycles, such as 21 days instead of 28 days.

  - **Non-Haematological toxicities:**
    - **Grade 3 or 4** non-hematological toxicities, any occurrence:
      - Interrupt venetoclax if not resolved with supportive care. On resolution to grade 1 or baseline level, resume venetoclax at the same dose.
      - A cytarabine syndrome has been described. It is characterised by fever, myalgia, bone pain, occasionally chest pain, maculopapular rash, conjunctivitis and malaise. It usually occurs 6 - 12 hours following drug administration. Corticosteroids have been shown to be beneficial in treating or preventing this syndrome. If the symptoms of the syndrome are serious enough to warrant treatment, corticosteroids should be contemplated as well as continuation of therapy with cytarabine.

  - **Common drug interactions:** (for comprehensive list refer to BNF/SPC)
    - Concomitant use with strong or moderate CYP3A inhibitors increases venetoclax exposure and may increase the risk for TLS. Concomitant use of strong CYP3A inhibitors at initiation and during dose escalation is contraindicated.
    - Dose modification of venetoclax is required when given concomitantly with strong CYP3A inhibitors (e.g., ketoconazole, ritonavir, clarithromycin, itraconazole, voriconazole, posaconazole) and moderate CYP3A inhibitors (e.g., erythromycin, ciprofloxacin, diltiazem,
Venetoclax and low dose cytarabine SC

fluconazole, verapamil). NB this dose adjustment has been applied to the protocol where the prescribing of antifungal prophylaxis is mandatory. If a moderate CYP3A inhibitor must be used, the initiation and titration doses of venetoclax should be reduced by at least 50%. Patients should be monitored more closely for signs of toxicities and the dose may need to be further adjusted. In the event that a CYP3A inhibitor (e.g. posaconazole) is stopped, the dose of venetoclax should be reviewed.

- Concomitant use of venetoclax with strong (e.g., carbamazepine, phenytoin, rifampin) or moderate (e.g., bosentan, efavirenz, etravirine, modafinil, nafcillin) CYP3A4 inducers should be avoided. Concomitant use of preparations containing St John’s Wort is contraindicated.
- Inhibitors of P-gp or BCRP may increase venetoclax exposure; these should be avoided at initiation of treatment and during the titration phase. If concomitant use of P-gp substrates is unavoidable administration should be at least 6 hours before venetoclax dose and the initiation and titration doses of venetoclax should be reduced by at least 50%.
- Co-administration of bile acid sequestrants with venetoclax is not recommended.
- It is recommended that the international normalized ratio (INR) be monitored closely in patients receiving warfarin.
- Co-administration of narrow therapeutic index P-gp, or BCRP substrates (e.g., digoxin, dabigatran, everolimus, sirolimus) with venetoclax should be avoided.
- If statins are given concomitantly with venetoclax monitor for statin toxicity.
- 5-Fluorocytosine should not be administered with Cytarabine.
- Avoid grapefruit products, Seville oranges and starfruit.
- Live vaccines should not be administered during treatment and thereafter until B-cell recovery.
- **Missed dose:** If a patient misses a dose of venetoclax within 8 hours of the time it is usually taken, the patient should take the missed dose as soon as possible on the same day. If a patient misses a dose by more than 8 hours, the patient should not take the missed dose and should resume the usual dosing schedule the following day.
- If a patient vomits following dosing, no additional dose should be taken that day. The next prescribed dose should be taken at the usual time the following day.
- For oral self-administration: refer to local Trust policy on oral anti-cancer medicines and supply Patient Information Leaflet and Macmillan information sheet.

**References**

KMCC protocol HAEM-AML-032 V2 SPC accessed online 03.04.2023
CDF V1.257 accessed online 03.04.23

NB For funding information, refer to CDF and NICE Drugs Funding List
### Cycle 1 - 28-day cycle Titration of venetoclax

<table>
<thead>
<tr>
<th>Day</th>
<th>Drug</th>
<th>Dose</th>
<th>Route</th>
<th>Administration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1 to Day 10</td>
<td>CYTARABINE</td>
<td>20mg/m²</td>
<td>SC</td>
<td>OD via sub-cut injection days 1-10 only. Rotate the site of injection between the abdomen, thighs and flanks to minimise irritation at the sites of injection.</td>
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</tbody>
</table>

**TTO**

<table>
<thead>
<tr>
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<tr>
<td>Day 1</td>
<td>venetoclax (available as 10mg, 50mg and 100mg tablets)</td>
<td>See administration details For escalation schedule.</td>
<td>PO</td>
<td>100mg OM day 1, 200mg OM day 2, 400mg OM day 3, 100mg OM day 4 and continue at this dose until day 28. NB A dose adjustment has been applied to the protocol in line with the prescribing criteria where the prescribing of antifungal prophylaxis is mandatory. Swallow whole with water at approximately the same time each day and with a meal. Do not crush, chew or break the tablets before swallowing. During dose titration the dose should be taken in the morning to facilitate laboratory monitoring.</td>
</tr>
<tr>
<td></td>
<td>Metoclopramide</td>
<td>10mg</td>
<td>PO</td>
<td>10mg up to 3 times a day as required. Do not take for more than 5 days continuously.</td>
</tr>
<tr>
<td></td>
<td>Aciclovir</td>
<td>400mg</td>
<td>PO</td>
<td>BD</td>
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<tr>
<td></td>
<td>Allopurinol</td>
<td>300mg</td>
<td>PO</td>
<td>Start 2 to 3 days before treatment with venetoclax. OD for the first cycle. May be continued on cycles 2 to 3 based on clinical judgement of tumour burden eg WBC count, extent of lymphadenopathy. Review if alternative anti-hyperuricaemic agent required. If rasburicase is needed, then hold Allopurinol. Restart allopurinol after uric acid levels have settled and rasburicase has been stopped.</td>
</tr>
<tr>
<td></td>
<td>Co-trimoxazole</td>
<td>480mg</td>
<td>PO</td>
<td>BD on Mondays, Wednesdays and Fridays</td>
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<tr>
<td></td>
<td>Loperamide</td>
<td>2mg-4mg</td>
<td>PO</td>
<td>Take 4mg (2 capsules) initially, then 2mg (1 capsule) after each loose stool when required. Maximum 16mg (8 capsules) a day. Dispense 30 capsules on cycle 1 then only if specified.</td>
</tr>
<tr>
<td></td>
<td>Posaconazole</td>
<td>300mg</td>
<td>PO</td>
<td>BD on day 4 OD on day 5-28</td>
</tr>
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Protocol No: HAEM-AML-032

Kent and Medway SACT Protocol

Disclaimer: No responsibility will be accepted for the accuracy of this information when used elsewhere.

Version 3

Written by M.Archer

Supersedes version 2

Checked by H.Paddock V3

O.Okwu V2

Update to V3 in line with CDF update.

Date 18.04.2023

Authorising consultant (usually NOG Chair) S.Arnott V2
### Cycle 2 onwards - 28 day cycle

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<td>Day 1</td>
<td>VENETOCLAX (available as 10mg, 50mg and 100mg tablets)</td>
<td>100mg</td>
<td>PO</td>
<td>OM for 28 days. Swallow whole with water at approximately the same time each day and with a meal. Do not crush, chew or break the tablets before swallowing. NB A dose adjustment has been applied to the protocol in line with the prescribing criteria where the prescribing of antifungal prophylaxis is mandatory.</td>
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