

Indication	Neo-adjuvant or adjuvant treatment of triple negative and/or BRCA +ve breast cancer
Treatment Intent	Adjuvant Neo-adjuvant
Frequency and number of cycles	EC (epirubicin and cyclophosphamide) every 14 days for 4 cycles followed by weekly carboplatin and weekly paclitaxel repeated on a 21-day cycle for 4 cycles.
Monitoring Parameters pre-treatment	<ul style="list-style-type: none"> • Consider using actual BSA • EC • ECG should be checked prior to cycle 1 and undertake ECHO/MUGA at baseline if clinically indicated. • Maximum cumulative dose of epirubicin = 950mg/m². • Monitor FBC, LFT and U&E at each cycle. • If neuts ≥ 1 and PLT ≥ 100 continue with treatment. If neuts < 1 or PLT < 100 delay by 1 week. • Hepatic and renal impairment: d/w consultant or registrar if bilirubin elevated. Epirubicin: if bilirubin is 24-51 $\mu\text{mol/L}$ give 50%, if bilirubin is 52-85 $\mu\text{mol/L}$ give 25%, if bilirubin is $> 85 \mu\text{mol/L}$ omit. • Dose reduction should be considered if grade 3 or 4 non-haematological toxicity or repeat appearance of grade 2 (except N&V and alopecia). Delay until resolution of toxicity to \leq grade 1 • Paclitaxel/Carboplatin • EDTA/DTPA should be used to measure GFR prior to cycle 5. C+G may be used to estimate CrCl if there is a delay in obtaining EDTA result, CrCl must be $\geq 30 \text{ml/min}$. Repeat EDTA if Creatinine clearance drops by 25%. • Monitor U+Es, FBC and LFTs prior to each cycle and on day 8 and 15. • If neuts < 1 or PLT < 100, consider delaying D1 by 1 week or omitting day 8/15. If neuts ≥ 1 and PLT ≥ 100 continue with treatment. • GCSF should be considered if more than one delay and/or before dose reduction, or if during preceding cycle, the patient has experienced neuts < 0.5 or has had febrile neutropenia. • Hepatic impairment: <ul style="list-style-type: none"> ○ Carboplatin: No dose adjustment required. ○ Paclitaxel: If bilirubin $< 1.25 \times \text{ULN}$ and transaminase $< 10 \times \text{ULN}$, dose at full dose. Otherwise consider dose reduction. Not recommended in severe hepatic impairment. • Renal impairment: <ul style="list-style-type: none"> ○ Carboplatin: stop if CrCl $< 30 \text{ml/min}$. ○ Paclitaxel: no dose reduction necessary. • Management of adverse reactions and dose adjustments: • Patients developing hypersensitivity reactions to Paclitaxel may be re-challenged with full dose Paclitaxel following prophylactic medication (e.g. famotidine 40mg po given 4 hours prior to treatment plus Hydrocortisone 100mg iv and chlorphenamine 10mg iv 30 minutes prior to treatment), then give paclitaxel over 3-6 hours (i.e. starting at over 6 hours and gradually increase rate if possible). If patients experience no hypersensitivity reactions after the first two doses of paclitaxel, remove pre-medication with dexamethasone (unless needed as anti-emetic) and chlorphenamine from dose 3 onwards. • Patients developing hypersensitivity reactions to carboplatin: Mild/moderate reactions (grade 1-2) - If symptoms resolve after treatment with hydrocortisone

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	<p>and chlorphenamine, the infusion may be restarted at 50% rate for 30 mins, then, if no further reaction, increase to 100% rate.</p> <p>If symptoms do not resolve after treatment with hydrocortisone and chlorphenamine, do not restart the infusion. At consultant's discretion, patients may be rechallenged at a later date with additional prophylaxis. In the event of further reaction (grade 1-3), stop infusion and consider alternative treatment. Anaphylaxis (grade 4): Follow anaphylaxis protocol. Discontinue permanently and consider alternative treatment.</p> <ul style="list-style-type: none"> • Dose reduce Paclitaxel by 20% in the event of \geq grade 2 neuropathy and consider a delay until recovery to \leq grade 1. • Consider omitting paclitaxel in event of recurrent \geq grade 3 neuropathy or recurrent OR persistent \geq grade 2 neuropathy following a dose reduction. • Dose reduction should be considered if grade 3 or 4 non-haematological toxicity or repeat appearance of grade 2 (except N&V and alopecia). Delay until resolution of toxicity to \leq grade 1. <p>Common drug interactions (for comprehensive list refer to BNF/SPC):</p> <ul style="list-style-type: none"> ○ Avoid concomitant use of paclitaxel with CYP2C8 or CYP3A4 inducers (e.g. rifampicin, carbamazepine, phenytoin) and inhibitors (e.g. ketoconazole erythromycin, fluoxetine, gemfibrozil, clopidogrel, cimetidine, ritonavir, nelfinavir). ○ Carboplatin: Caution with other nephrotoxic drugs. ○ Caution, ciclosporin increases concentration of epirubicin.
References	<p>KMCC protocol BRE-059 EC followed by Carboplatin & Paclitaxel for Breast Cancer SPC accessed online 23.02.21 https://www.bopa.org.uk/bopa-guidance-on-use-of-h2-antagonists-for-hypersensitivity/</p> <p>von Minckwitz, G et al; Lancet 2014; 15 (7): 746 – 756 Neoadjuvant carboplatin in patients with triple-negative and HER2-positive early breast cancer (GeparSixto; GBG 66): a randomised phase 2 trial</p> <p>Sikov, W et al; JCO 2015; 33 (1): 13 – 21 Impact of the addition of carboplatin and/or bevacizumab to neoadjuvant once-per-week paclitaxel followed by dose-dense doxorubicin and cyclophosphamide on pathologic complete response rates in stage II to III triple-negative breast cancer: CALGB 40603 (Alliance)</p>

NB For funding information, refer to CDF and NICE Drugs Funding List

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Cycle 1-4 Repeat every 14 days

Day	Drug	Dose	Route	Infusion Duration	Administration
1	Dexamethasone	8mg	PO		
	Ondansetron	<75yrs 16mg >=75yrs 8mg	IV	15 min	In 50ml Sodium chloride 0.9%
	EPIRUBICIN	90mg/m²	IV	Slow bolus	Through the side of a fast running Sodium Chloride 0.9% intravenous infusion
	CYCLOPHOSPHAMIDE	600mg/m²	IV	Slow bolus	Through the side of a fast running Sodium Chloride 0.9% intravenous infusion
TTO	Drug	Dose		Directions	
	Dexamethasone	6mg	PO	OM for 3 days. Take with or just after food, or a meal.	
	Metoclopramide	10mg	PO	10mg TDS for 3 days and then 10mg up to 3 times a day as required. Do not take for more than 5 days continuously.	
	Ondansetron	8mg	PO	BD for 3 days	
	Filgrastim	300 mcg or consider dose of 480 mcg if patient > 80kg	SC	OD starting on day 3 for 5 days	

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Cycle 5-8 Repeat every 21 days

Day	Drug	Dose	Route	Infusion Duration	Administration
Give pre-meds 30 minutes prior to paclitaxel					
Day 1, 8 & 15	Dexamethasone	8mg (may be reduced to 4mg on subsequent cycles doses)	IV	Bolus	
	Chlorphenamine	10mg	IV	Slow bolus	Through the side of a fast running Sodium Chloride 0.9% intravenous infusion.
	Ondansetron	<75yrs 16mg >=75yrs 8mg	IV	15 min	Sodium chloride 0.9% 50ml
	PACLITAXEL	80mg/m²	IV	1 hr	In 250ml Sodium Chloride 0.9% (non-PVC bag and non-PVC administration set) via in-line 0.22 microns filter. Flush with sodium chloride 0.9%
	CARBOPLATIN Dose = (GFR + 25) x AUC	AUC 2 (maximum dose 300mg)	IV	30 mins	In 250ml - 500ml 5% glucose

TTO Cycle 5-8

TTO	Drug	Dose	Route	Directions
Day 1, 8 & 15	Dexamethasone	4mg	PO	OM for 2 days Take with or just after food, or a meal.
	Metoclopramide	10mg	PO	3 times a day for 3 days, then 10mg up to 3 times a day as required. Do not take for more than 5 days continuously.

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